

# News From Around the Table

Master's Table Newsletter  
Winter 2023

## Message from Jim:



*Hi Everyone,*

*Happy New Year! Hope you had a joyous and blessed 2022.*

*I am overdue and have plenty to share.*

*In 2022:*

- *Master's Table added 3 new board members who will add experience and passion to our organization.*
- *We added a new program called Food 2 Kids in September. This program provides kids with non-perishable food for the weekends, when they wouldn't have access to in school meal distribution.*
- *We served nearly 3300 meals and were again to the hall for those who wanted to come inside.*
- *We gave out nearly 3000 lbs of food from the Emergency Food Bank.*
- *The highest demand was met during the Thanksgiving and Christmas season, serving over 400 meals combined, distributing 130 gift cards, 60 bags of food and 61 frozen turkeys. We also teamed up with Traveler on a Mission and gave out 60 holiday stockings.*
- *We also welcomed back our beloved Parish Nurse, Maggie, who is once again performing blood pressure screenings and medical referrals for our guests in need.*

*As always, Thank you for your continued support.*

*God's Blessings,*

*-Jim*

**"Supporting a cause enhances your  
purpose in life."**

**-Anonymous**

# Upcoming Take Out Dinners:

Take out meals 3:30- 5:00 pm

- February 12<sup>th</sup>
- February 26<sup>th</sup>
- March 12<sup>th</sup>
- March 26<sup>th</sup>
- April 2<sup>nd</sup>
- April 23<sup>rd</sup>

## Board of Directors

Janette Fedak  
Steven Fine  
Arlene Greco  
Lisa Hurlbert  
Vinnie LaRocca  
Mark Riccio



Thank you to Plaza Diner  
for donating an amazing amount of  
homemade mashed potatoes. Our guests  
loved them!

Thank you to Stop N Shop in  
Seymour for providing flowers  
and baked goods every month.

## A Conversation with Chris Reyher

Q: What made you want to volunteer at Master's Table?

A: *I do this because I am very fortunate for what I have and I enjoy helping people.*

Q: What makes you happy when you are volunteering?

A: *I love to be with everybody, satisfaction when people receive their meals. It makes me feel good.*

Q: Do you think Master's Table makes an impact in the community and why?

A: *Yes, because it is a fantastic program for the community.*

Q: Do you have a favorite memory from volunteering?

A: *I enjoyed when we had dine in eating where guests can socialize. I like mingling with them, and also enjoyed making baskets for the fundraiser At The Hop.*

## A Special Thanks to:

- Maggie Sessa
  - Traveler on a Mission
  - Hometown Foundation
  - St. Vincent DePaul
- & All our monthly donors.

## Contact Master's Table Community Meals

Master's Table Community Meals Inc.  
PO Box 175 Ansonia, CT 06401  
(203) 732-7792

[www.masterstablemeals.org](http://www.masterstablemeals.org)

Or LIKE us on Facebook!



We had 388 likes in 2022. Woohoo!!!  
Keep those likes coming!